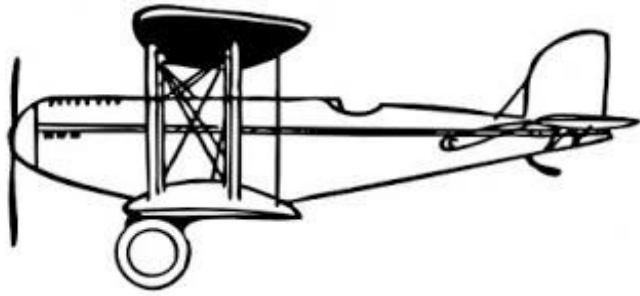




HEMISPHERES



EXECUTIVE CHEF DAMON MANGANO

TASTINGS

- Thai Potstickers ~shiitake mushrooms, cabbage, carrots, thai chili & soy dipping sauces 10
- Honey Hoison Beef Lettuce Wraps ~vegetable slaw, bibb lettuce 14
- Lemon Shrimp Avocado ~spinach, tomato, extra virgin olive oil 14
- Chicken Wings ~ mild, hot, barbeque or island jerk spiced 10
- Smoked Jalapeño Rubbed Salmon Tacos ~cucumber, apple, radish, avocado, greek yogurt 12
- Chicken Quesadilla ~grilled chicken, pepper jack, salsa, sour cream 12
- Red Pepper Hummus ~toasted pita, vegetable sticks 10

LOCAL



- Ohio Free Range Half Chicken ~roasted sweet potatoes, fennel brussels 18
- Lake Erie Walleye ~brown risotto, sea salt broccolini 22
- Ohio Beef Bacon Wrapped Meatloaf ~garlic mashed, sea salt broccolini 18
- Ohio Beef Ribeye ~garlic mashed, grilled asparagus 34
- Ohio City Pasta ~chicken, kale, tomato, asparagus, beurre blanc 17



Brighten Your Diet With Color Your Plate, A Simple Approach to Eating Right

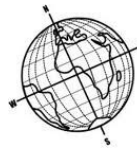
Learn More about Color Your Plate at www.sheraton.com/fitness

Consuming Raw or Undercooked Meat, Seafood & Eggs
May Increase Your Risk of Food Borne Illness

An 18% Gratuity will be added to all Groups of 6 Persons or More

SOUPS & SALADS

- Chicken Noodle ~roasted chicken breast, mire poix, stock cup 5 bowl 7
 - Soup of the Day ~seasonal selection cup 5 bowl 7
 - Caesar Salad ~romaine hearts, ciabatta crostini, shaved parmesan, caesar dressing 9
 - Chopped Chicken ~romaine, kale, corn, bacon, beets, egg, avocado, cheddar, cucumber, tomato, vinaigrette 13
 - Beets & Feta ~beets, kale, romaine, orange slices, pumpkin seeds, feta, ginger balsamic 9
 - Tomato & Mozzarella ~tomato, fresh mozzarella, basil, parmesan, extra virgin olive oil, balsamic reduction 10
 - Bleu & Blue Spinach~ spinach, walnuts, bleu cheese, blueberries, extra virgin olive oil, balsamic reduction 14
- Add grilled chicken 5 Add grilled salmon 7 Add grilled shrimp 7



ENTREES

- Grilled Beef Skirt Steak ~smoked paprika sweet potatoes, pico slaw, chipotle ketchup 21
- Miso Salmon ~brown risotto, sea salt broccolini 24
- Chipotle Barbeque Chop ~ Kansas City pork chop, smoked paprika sweet potato, fennel brussels 22
- Penne Pomodoro ~plum tomato sauce, broccolini, mushrooms, parmesan 16
- Roasted Coriander Rubbed Chicken Breast ~garlic mashed, kale, cabbage, demi de poulet 17

BURGERS & SANDWICHES

- Turkey Avocado Wrap ~turkey, tomato, romaine, edamame aioli 12
- Portabella Caprese ~portabella, tomato, fresh mozzarella, spinach, red pepper hummus 12
- Avocado Egg Burger ~avocado, fried egg, lettuce, tomato, pickle 14
- Ohio Beef Burger ~cheddar, chipotle ketchup, lettuce, tomato, pickle 12
- Turkey Burger ~vegetable slaw, lettuce, tomato, pickle 12



We pride ourselves in providing gluten free menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten free diet, please be aware that they may be prepared in an environment where gluten is present.